

SITC Intermediate course 1: *Get Knotty*

Note: All course participants must sign waiver of liability.

You have already tried the introductory climb twice and now want to climb with an instructor to explore the canopy. Bring your adventurous spirit and courage to new heights, and you'll learn throwing techniques, rope placement, knot tying and use and care of equipment. You will be entitled to be a yellow facilitator after passing a test.

Cost: **S\$68 for student, \$98 for adult**

Time investment: 4 to 5 hours

Test fee (for facilitation certification): **S\$60**

Outline:

- a) More on tree-climber's equipment
- b) Throwing of throw-pouch for station setting
- c) Safety precautions and shout signals
- d) Tree type selection and Crotch selection techniques
- e) Rope hoisting and friction saver -- clove hitch and slip knots
- f) Knots for DREC -- Muscle memory, blindfold tying, untying
- g) Care of equipment

Intermediate course 2: *Swinging around*

You must have passed the intermediate level 1 and now keen to swing from branch to branch like monkeys do. In this course, you will learn branch traversing, pitching to a higher branch, and setting up of a tree hammock. A green facilitator status will be conferred to you upon passing a solo climb and traverse using DREC (double rope end climbing).

Cost: **S\$220**

Time investment: 10 hours in 2 sessions.

Test fee: **S\$80**

Outline:

- a) Tree selection guidelines
- b) Traversing with use of daisy ropes, throw-pouch and grapples
- c) Traversing using Monkey's tail
- d) Redirect
- e) Pitching, and multiple descents
- f) Limb Walking
- g) Setting up tree-boats

Advance: *Mastering the ropes*

You have done basic climbs a few times and feel easy on high grounds. You will be required to recap traversing, learn rope placements on very high branches using different techniques, climbing using SRT (Single Rope Technique) and simple rappelling. You will also be taught tree hazard detection. The exam consists of a solo climb with SRT, traversing and a written test.

You will be trained to tie knots instinctively and all skills from intermediate 1 & 2 levels. You will also be taught rescue work and event management as an instructor for expedition events.

Cost: **S\$390**

Time investment: 2-3 days

Test fee: **S\$100**

Outline:

- A) Rescue Climbing
- B) SRT (Single Rope Technique using Jumaring)
- C) Event Management
- D) Test Administration Skills

Notice and Disclaimer

- a) SITC reserves the right to cancel classes, push back the time or postpone the date of commencement of any classes or events that do not meet the minimum requirement number of participants or safe weather conditions for climbing.
- b) Payment and liability forms must reach us 3 working days before commencement of class. (please email canopysurfer@yahoo.com.sg /call to find out if there are any more vacancies for the scheduled course)
- c) Cheques should be crossed and made payable to "Sunny Island Tree Climbers Society" and mailed to *SITC Blk 106 Spottiswoode Park Rd #11-136 Singapore 080106*
- d) All payments made are **non-refundable** and **non-transferable**
- f) Absenteeism on the day of examination will not be entertained.
- g) Please ensure that you are medically fit for the course.

In cases of illnesses and bad weather, SITC will ensure that you get your course done on another day.

Qualified trainees upon passing the test are allowed to help out in future events of SITC, where they will be paid an allowance dependent on their qualifications. If it's something that you would like to do, join us.